

## **Salaat: The Kundalini Yoga of Islam**

**Kundalini yoga is the yoga that focuses upon activating energy that resides in the base of the spine. The kundalini yoga lifts that energy by various techniques from the lowest chakra (energy) center up to the highest chakra.**

**There are many chakras in the body, but most kundalini teachers focus on 7 of them which are along the spinal column. The chakras are named as follows and located as indicated:**

### **NAME LOCATION PLANET VIRTUE**

**Muladhara Above anus Mars Survival, self-defense**

**Svadhishthana Genitals Moon Sensuality, sex**

**Manipura Kidneys/solar  
plexus Mercury Power, ego**

**Anahata Heart Sun Love, compassion**

**Vishuddha Throat Venus Devotion, creativity**

**Ajna Forehead Jupiter Wisdom, self-  
realization**

**Sahasrara Crown of Head Saturn Enlightenment**

**In addition to the 7 chakras, in the kundalini system, there are three pathways called nadis which are subtler than nerves. They are more like the acupuncture meridians through which Chi flows. But if acupuncture meridians are likened to roads, the three nadis are superhighways. They are named the Ida, Pingala and Sushumna.**

**The Ida nadi begins at the left nostril, goes to the left cerebral cortex region of the brain, crosses over, now moving downward, to the middle of the forehead, between the eyebrows and just above them.**

**The Pingala nadi begins at the right nostril and goes up to the right cerebral cortex and goes down to crisscross the Ida at the forehead.**

**These nadis crisscross each other descending the spinal cord and the places at which they intersect are the chakras. Chakras are spoken of in the Bible as Ezekiel's wheels as the word chakra means "wheel."**

The main nadi is inside the spinal cord. It is the sushumna nadi. By special breathing techniques (pranayama) or by concentration or by employing mantras, the energy that's at the base of the spine, coiled up like a serpent, is made to rise out of its slumber and break through the chakra centers along the spine. At the chakra center is pierced by the "serpentine fire" of kundalini, various abilities are said to unfold for the yogi.

The kundalini energy (shakti) at the base of the spine is called "solar force," "libido," "serpent power," "serpentine fire." There are many who believe that the hidden theme of Western religious scripture is the kundalini and its elevation.

The ancient Egyptians called kundalini power "Ra, who is symbolized as the sun because the sun is the source of the kundalini force.

In Al-Islam, kundalini power is known as salaah.

Have you considered Al-Lat, Al-'Uzza and Manat,  
the third, the other? Are the males for you and  
for him the females?

-- Quran 53: 19-21

The ancient Arabs believed that Allah had a counterpart and Her name as Al-Lat. It is common among the religions of antiquity for the God to have a wife or consort. This represents the compliment or opposite polarity of the energy of which the God Himself was a symbol.

It should be pointed out here that as Islam gives Allah 99 attributes, so do other religions give attributes to the One God of their faith. These deities are not separate any more than Allah is considered to share His Kingdom with 99 other deities like As-Salaam, An-Nur or Al-Wadud. The 99 names are 99 expressions of the one supreme being.

The Egyptian religion is the root of the three western religions' concepts. In the Egyptian religion, each major divine attribute was metamorphized into a deity. The consciousness of the God Amen was said to be another god, Sa. Sa was always paired with the god Hu.

The Arabic word "salaah" is comprised a "sa" and "laah" (from Al-Laah, the wife of Allah in primitive Arabic theology).

As kundalini is regarded as the feminine expression of the divine force, and as Mother Rat is the wife of Ra in Egyptian theology, all-out is the feminine force (shake) that forms the active energy of kundalini and is matched with "As" or consciousness and now comes down to us as the solar based prayer system called "sa-laah."

**"Al-laah" corresponds to Venus and the Egyptian goddess of the planet Venus, Het-Heru, it is in charge of storing the sexual Ra or kundalini force (known in Freudian psychoanalysis as "libido").**

**Salaat is regulated by the five positions of the sun. In yoga there is a very similar exercise of movements that is known as the Sun Salutation. So on one hand we have "sun salute" (yoga) and on the other solar regulated salaah. The similarity of the words and the movements should indicate to even the dimmest most dogmatic religious mind that the two things are at the very least related.**

**The Egyptian religion features Heru and his four sons. As Heru is symbolized by the sun (Heru is nearly identical to Ra -- but Heru represents the focus of consciousness while Ra represents the subconscious), his four sons represent four modalities of the solar force.**

**The same four modalities are incorporated in the solar regulated salaah times of al-Islam. Heru is represented by the Noon Sun, the Sun when it is at its highest and brightest.**

**Fajr, 'Asr, Maghrib and 'Isha are Islamic correlates to the four sons of Heru. Together with Dhur (noon), they represent the five time periods when the solar current is active according to the element the particular solar current is conveying.**

**The word "salaah" means "burning fire." This corresponds to the meaning of kundalini as "serpentine fire."**

**We have made the salaah a  
book of time.**

**-- Quran**

**Salaah as a book of time refers to the time to activate the solar force in the spine according to the element that's operating.**

**The salaah as a Book of time also refers to the entire Injil or Book of Revelation, the scripture given to Jesus. This Book's entire subject is the raising of the kundalini.**

**The yoga sun salute features postures (asanas) that are similar to those of Muslim solar salaah positions.**

**In Qiyaam the Muslim stands erect with his hands cupped together as he begins a supplication (dua). The yogi stands erect as he begins his sun salute with his hands pointed up, palms together, in the "nimaste" pose Christians use for prayer. Before each movement, the Muslim raises his hands to his ears and says "allahu akbar." The Yogi raises his hands all the way back.**

In Ruku' the Muslim bends forward with his hands on his knees. The yogi bends all the way forward, touches the floor or his toes with his hands and then presses his head to his knees. The benefit of this posture is that it opens the spinal cord, loosening it, making it more elastic. It is said that a person's body is as old as his spinal cord is stiff. The forward bend (ruku') allows the Muslim to open the chakras along his spine. It accomplishes the same for the yogi.

Qiyaam establishes correct posture. It is called, in yoga, the Tree Pose. This is related to the fact that Ausar (God in Egyptian religion) was buried in a tree. This posture (qiyaam) aligns the vertebrae along the spinal cord. It also permits the relaxation response to begin.

Both the yogi and the Muslim make prostration. This posture (sajda in Islam) allows for blood to flow to the brain, thus enriching the pineal and pituitary glands (which operate along with the sahasrara and ajna chakras, respectively).

The enriched blood flow to the brain makes it easier for the Muslim to experience al-bayyinah (clear visions) and prepare the brain for the awesome kundalini (salaat) energy when it rises to the two highest chakras.

The additional blood centered in the brain also helps to provide moisture for the brain so that it doesn't overheat when the salaah (kundalini) fire rises up to the brain centers. This helps to prevent such things as kundalini psychosis and fevers. The Muslim version of sajdah is quite a bit like the headstand in terms of physiological effects.

The Muslim goes into jalsa (the short sitting pose) while the yogi goes into a kind of backwards bend that's called the downward facing dog. In that pose, the yogi's buttocks is raised in the air while he is supported on his hands and feet. Stretching is accomplished in the hamstring and calve muscles. This stretching eliminates some pranic waste from the meridians (nadis) so that fresh spirit energy can be brought inside the body.

For the Muslim, jalsa enables him to activate the nadi (acupuncture meridian) in the right big toe. There are two organs of the body which are affected by this point, the liver and the spleen. Proper performance of jalsa may have a beneficial effect upon the health of the liver and spleen.

Following completion of the asanas of the yogic sun salute, the yogi goes into the corpse pose wherein he lies on his back to meditate.

Call on Allah whether standing, sitting or lying  
on your side

-- Quran

The Muslim, on the other hand, goes into qada'ah or the long sitting pose. In proper performance of qada'ah, the Muslim sits down on his bottom and crosses his legs and then performs meditation, especially the meditation of dhikr (chanting the names of Allah and/or the Mystic Letters).

It is in the position of qada'ah that salaah proper actually occurs for it is here, owing to the use of dhikr and pranayama, that the salaah force is actually lifted up from the base of the spine.

Properly translated from the Arabic, the Quranic injunction is not to perform prayer, but to "raise up the salaah." This is identical to the yogic effort to raise up the kundalini.

In qada'ah the Muslim performs the necessary chantings and breathings to raise up the fire of Allah of the serpentine fire.

This is often accomplished by special breathing alternately from the right to the left nostril and vice-versa. This is called nadi sodhana breathing. Use of both these nadis starts a positive and negative polarity to occur along the spinal cord (sushumna nadi) and eventually the inner fire ignites and lifts up along the spine.

Because this process may take hours, the Quran tells the Muslim to perform salaah from, for example, the beginning of 'Asr until the beginning of Maghrib. This could be hours of salaah performance and, especially early in initiation, raising the kundalini (salaah) may indeed take that long. For some it may take much longer, and to be perfectly frank, there is little probability of anyone raising it the first attempt that is made. A certain degree of dedication and perseverance is required.

The seat in qada'ah grounds the muladhara chakra to the ground and that helps prevent an overabundance of salaah force from rushing through the body, potentially causing harm. the connection with the earth facilitates healing and the maintenance of good health.

Wudu cools the body by applying water to the places most likely to overheat when the salaah force is raised. The Muslim cools his head, his hands, his arms, his feet, his ears and neck. He washes his mouth out and he cleanses his nostrils by sniffing water up his nostrils before performing the salaah raising.

Tayammun is an Islamic ablution practice of using clean earth to prepare for prayer when water is not available. Tayammun, connecting the Muslim again to Mother Earth, helps to ground him so his body is not shocked by the awesome salaah force when it wakes up. It also makes for a good environment for bodily healing.

The sniffing of water up the nostrils brings the Ida and Pingala nadis into activation.

**Surely the raising by night is the firmest for  
speech.**

**-- Quran 73:6**

**The improvement upon speech is actually meant the making of words of power effective and potent. When that happens, i.e., when a Muslim's mantras are powerfully pronounced to bring about a true effect, that Muslim is then considered to be "As-Saddiyq," the true of speech. In Egyptian theology, he is called "maa kheru," i.e., "true of speech." By raising up at night to perform these mantras, they are nearer to the deepest Collective Subconscious ("the deity Ausar") where the power lies to bring them into manifestation.**

**The goals of salaah include astral travelling ("night journey," according to Quranaic terminology); spiritual purification, and entering the heavenly state of consciousness and being.**

**Oh thou soul that art at rest.  
come back thou to thy Lord, well pleased  
and well pleasing.  
Enter then among my devotees.  
Yeah, enter though my garden.**

**-- Holy Quran 89:27-30**

**The medical staff with two serpents entwining a staff is a symbol of kundalini. The two serpents represent the Ida and Pingala nadis.**

**The wings at the top symbolize the flight the initiate can take after the kundalini force is lifted to the sahasrara chakra. This flight symbolizes astral projection.**

**Even in the performance of traditional salaah, the Muslim will often feel his temperature increase. This is the purification process that salaah even incompletely performed, makes happen.**

**Salaah is kundalini and kundalini is salaah. A complete study of the yogic kundalini system is required in order for us to fulfil the second pillar of the faith.**

**Salaah should not be confused with dua. The latter is more in accord with the idea of "prayer."**

**The ancients recognized that the flame that runs from the base of the spine to the top of the head is almost always stuck in the lower spine, at the muladhara chakra which is near the anus. Serious effort is required to lift that flame from the lower spine up through the various**

chakras to either the forehead or the crown of the head. The higher the initiate is able to raise the salaat flame, the more powers he is able to gain.

When the Muslim yogi reads of Ra, Ra-t, kundalini, chi, orgone or libido, she is reading of salaat. The early Nazarenes saw that the salaat force was interrelated with the solar (Sun) force and named that force Samson (Shams-an). Samson means "Sun."

"Hayya 'alay salaat," in the Adhan (Call to Prayer) should be understood as meaning: "Life (hayya) is dependent upon ('alay) kundalini (salaat)."

Which means that spiritual life requires the raising up of the kundalini force and life is upon or with (as gas is an integral part of oil) kundalini.

To symbolize the ascension of the salaat to the higher chakras, the yogis of India placed a dot on their forehead. The Christians place ashes on their forehead on Ash Wednesday. The ancient Egyptians wore a tiara (headband) with a small serpent sticking out (the serpentine fire rising out of the pituitary gland). The Muslims have a prostration mark which is actually a symbol of the lifting up of the solar power to the forehead.

Many monks shaved the center of the top of their heads, the crown, to symbolize that they have raised the kundalini power to their crown chakras.

The meaning of these symbols has been lost upon many and few orders actually practice kundalini raising today. But that is the root of the above symbolic dress and adornments.

There are said to be dangers connected with raising up the salaat without appropriate training. Those dangers include such things as kundalini psychosis, sexual obsession, overheating of the body felt in the head and heart and even spontaneous combustion.

I do not personally know of anyone who has experienced such side-effects from kundalini. Taoist yoga advises an initiate to ground the energy and circulate the salaat force in a cycle around the entire body. The kundalini focus on the spine is the primary Indian yoga approach while the Chinese yoga approach is based upon grounding and the Microcosmic Orbit.

It should be pointed out here that "Tao" is derived from the Coptic Egyptian name for Tehuti, "Taout."

The teaching of kundalini yoga through direct raising of the energy up the spine to the crown is considered dangerous.

The primary variance between the priests of Ra of ancient Egypt and the priests of Osiris relates to this same difference in the treatment of the kundalini force.



## **Zakaat: The Third Pillar of Islam**

**The true meaning of zakaat is purification. Zakaat, however, has been erroneously defined as "charity" and "poor tax."**

**Zakaat encompasses an entire range of physical, moral and mental purification rituals that includes yogic breathing, enemas, colonics, cleaning the tongue, clearing the acupuncture meridians, cleaning the stomach and cleaning the mind of dirty thoughts (samskaras).**

**Purification (zakaat) strengthens the experience of salaah (kundalini activation) because cleansed nerves and nadis (meridians) allows the chi (salaah) force to flow more freely and more potently.**

**And raise up the salaah [kundalini]  
and bring the purification [zakaat].  
And whatever you send forward for your  
souls of good you find it with Allah.  
Surely Allah is a Seer of what you do.**

**-- Quran 2:110**

**Giving another a massage is a form of "giving the zakaat" because massage clears the body tissue and organs (as well as the nadis) of collected obstructions and filth. In Christian scriptures massage is called "the laying on of hands." The energy in the chakra centers in the hands serves to move into the body of the person receiving the massage so that she experiences the activation of her own cleansing energies. Massage is best conducted by someone of another sex because the opposite polarity of energy better calls the other person's chi energy into activation.**

**When you read in the New Testament of so much foot washing, you are reading of the use of massage of various acupuncture points in the foot, big toe and ankles.**

**The acupuncture point in the sole of the foot is called Yong-Quan (Bubbling Spring). Massage of this point opens the way for the energy of the Earth to flow inside the body and promote healing. Sick energy can also be passed out of the body through this point to be recycled by Mother Earth.**

**The acupuncture point below the ankle is called Chao Hai, the Shining Sea. It aids the health of the kidneys.**

**The acupuncture point inside the bottom of the foot, in the hollow behind the third joint of the big toe is called Kung Sun, the Grandson. It promotes the health of the spleen.**



The acupuncture point on the top and outside of the foot where the joint between the fourth and little toes is located is called Lin Chi, Attending the Crying Child. It promotes the health of the gall bladder.

The acupuncture point on the outside of the ankle in the small depression under and slightly between the ankle bone is called Shenmai, Extending Vessel. It promotes the health of the bladder.

Da Dun is the name of the point on the inside of the big toe at the corner of the toenail and the joint. Massage of this point helps cleanse and harmonize spiritual energy passing through it.

The Earth contains purifying and healing energies and that is why Muslims are to remove their shoes before prayer and during visits to the mosque.

Zakaat also means "increase" because a purified body/mind is free to expand. The result of zakaat (purification) is less waste of resources on meat, medicine, drugs, alcohol, tobacco, extracurricular sex, sport and play. So the master of zakaat will find that she or he has increased his or her wealth by not spending it foolishly. She is therefore in an improved position to give charity. Thus, the giving of charity is the effect of zakaat, not zakaat itself.

Fasting is a kind of zakaat because fasting clears the colon and cleans the blood.

### Siyaam: The Fourth Pillar of Islam

Saum of Siyaam is the fourth pillar of al-Islam.

O you who believe!  
Siyaam is written upon you  
just like it was written upon  
those who were before you that  
you might realize God.

-- Quran 2:183

Siyaam is usually translated "fasting." However, there are different kinds of fasts. Mary, for example, and Zakariyya were placed on fasts of silence.

He [Zakariyya] said: "My Lord, make  
a sign for me. He said, your sign will  
be that you do not speak to the people  
for three nights straight.

-- Quran 19:10

So eat and drink and cool (your) eye.  
And if you see any man, say, "I have vowed  
a saum [translated "fast"] to Al-Rahman,  
so I will not speak to a man today."

-- Quran 19:26

In Mary's "fast," she is told to both eat and drink. Even if this was in fact a fast of silence, she is also told to speak. Mary's situation can be understood more properly with a little background.

Mary was in India at the time of this instruction and that is why she says she had vowed a saum to Al-Rahman. Al-Rahman is the Arabic equivalent of Brahman, the Supreme Deity of the people of ancient India.

If Mary's so-called fast permitted her to eat, drink and even to speak, then what type of "fast" was the virgin on?

Mary's saum was for abstaining from sexual intercourse.

And Mary the daughter of 'Imran, who guarded  
her vagina [farjahaa]. So we breathed into  
it [her vagina] Our Spirit and she spoke  
truthfully with the Words of her Lord and  
His Scriptures. And she had been one of  
celibate ones.

-- Quran 66:12

Mary was dedicated as a special vessel to God from before her birth. Her mother had been so dedicated before Mary's own birth and no man was to have sexual intercourse with Mary. Her encounter was to be with the Spirit and so the Quran says "We blew Our Spirit into it."

Mary had gone to "a place in the East," i.e., India. There she underwent initiation for she was, herself, a prophetess. This is shown in the old testament where Merriam (same as Maryam) is addressed as "O sister of Aaron" (as she is also addressed in the Quran) and, like the Quranic and New Testament Mary, she is the daughter of Amran ('Imran). The Old Testament Merriam is the same person as the Quranic Maryam. She was the sister of Moses and Aaron and a prophetess. Mary, the mother of Jesus, is the young lady who pulled Moses out of the Nile river and presented him to Pharaoh's wife as an adopted son.

**The New Testament myth of her being "betroathed to Joseph" is code language. Joseph is Yusuf in Arabic and Yusuf symbolizes Sufic wisdom, especially wisdom from the dream world. She was an initiate in the wisdom of the Sufis, not betroathed (engaged) in the ordinary sense of the word.**

**When Mary was studying in India marauding males thought little of attacking and raping a woman who was unprotected. The few women who were generally free from such abuse were those who were celibate for the sake of Brahman. So in her travels in that country she was told that if a man approached her to tell him that she belonged to Brahman. His own fear of Brahman would protect her from rape.**

**This was the atmosphere of which the Quran relates in these words:**

**She took from beneath them a veil  
(to veil herself) from them. Then  
We sent to her Our Spirit, and he  
appeared to her as a perfect man.**

**She said: "I seek refuge from you  
to Al-Rahman, if you are afraid  
(of Brahman)."**

**He said: "Surely what I am is a  
Messenger of your Lord to give  
you a pure boy."**

**She said: "How can there be a  
boy for me and never has a mortal  
touched me and I have never been a whore."**

**He said: "Like that!" Your Lord said,  
'For Me it is an easy thing. And to  
make him a sign to humanity and a  
mercy from Us.' And it had been  
a predestined matter."**

**-- Quran 19:17-21**

**When had Mary's conception and delivery of Jesus become a "predestined matter?"**

**The Quranic Surah 3 is entitled "The Family of Amran" ('Imran). 'Imran was the father of Mary, Moses and Aaron.**

**Behold! a woman of 'Imran said: 'O my Lord!  
I do dedicate unto thee what is in my womb for  
Thy special service. So accept this of me: For  
thou hearest and knoweth all things.**

**When she was delivered, she said: "Oh my Lord!  
Behold! I am delivered of a female child!" And  
Allah knew best what she brought forth -- "And no  
wise is the male like the female. I have named her  
Mary, and I commend her and her offspring to Thee  
from Satan the Rejected.**

**With a beautiful acceptance (Mary was accepted). And  
He grew (into) a beautiful growing.**

**-- Quran 3:35-37**

**Hanna (or Anna), Mary's mother, became pregnant by her husband Amran. She vowed her  
child to be Muharrar. A kind of monk would be the closest well known modern similarity to a  
Muharrar. But instead of having a son, she was shocked to learn that she bore a little baby  
girl. Still she dedicated her baby girl to becoming the female equivalent of a male Muharrar  
(which is rather similar to a modern nun). That is when Mary's future motherhood of Jesus  
became "a predestined matter."**

**That is why Mary did not have sex with mortals before the birth of Christ and that is why the  
men were so shocked when she came back from India carrying a little baby boy (Jesus).**

**At length she brought the (babe) to her people,  
carrying him (in her arms). They said, "O Mary!  
Surely you have brought a strange thing."**

**-- Quran 19:27**

**It was strange because she was to remain a virgin and now, obviously having had a baby, the  
theologians of her people were shocked.**

**"O sister of Aaron! Your father was not an  
evil man and your mother was not a whore!"**

**-- Quran 19:28**

**In essence, the theologians were saying, "How could you do this? You come from a good  
family. Where in the world did this whorish behavior of yours come from?"**

But she pointed to the baby.  
They said: "How can we talk to one who a  
child in the cradle?"

(The baby) said: "I am indeed a servant of  
Allah: He has given me the Scripture and made  
me a prophet.

And He has made me blessed wheresoever I be, and has  
enjoined on me Salaat [kundalini raising] and Zakaat  
[purification rituals] as long as I live."

"And kind to me mother, and not overbearing or miserable."

-- Quran 19:29-32

Jesus came to the defense of his mother and obliquely warned them against harming her by saying "and kind to my mother." Being in possession of salaah ([kundalini shakti] faculties, he could have defended his mother against attack.

Fasting from food and drink can be an element of Siyaam, but such fasting is not Siyaam itself.

Siyaam actually means abstention from sex "for a fixed number of days." Fasting from food removes the concentration of blood from the lower part of the body, reduces the body fluid from seeping from the stomach into the genitals and thus makes it easier to abstain from sex.

Eating is intimately connected with sex. The lips are the first erogenous zone to become active in a child.

When a man seeks to seduce a woman, he often takes her to dinner. Food consumption produces the body and psychic environment for the activation of sexual desire.

Some people are caught in a vicious food-sex cycle. They eat and the body's blood floods the stomach area to process food. The fluids seep into the genital region, exciting them. The person then engages in sex and the expended energy (caloric burn up) from the sex gives them an appetite for food. After eating, they desire sleep or if they sleep first, they awaken with a feeling of renewed hunger. The satisfaction of the hunger generates another interest in a sexual encounter.

Fasting reduces the sexual need and for men allows them to retain the supply of seminal fluid necessary to awaken the Salaat (Kundalini) force.

**An abundance of retained sexual energy is essential for Salaat activation. The proper observance of the 4th pillar of al-Islam (abstention from sex) reinforces the 2nd pillar (Salaat/Kundalini raising).**

**Sexual abstention is not to be a lifelong endeavour. It should be observed "for a fixed number of days."**

**The male initiate learns to engage in frequent sexual intercourse, if that is his desire, but can climax without releasing his semen. He is able to circulate the sexual force up his spine and down his front channel experiencing ecstasy ("the Garden of Bliss") in various body centers and even achieving a whole body orgasm.**

**Sexual initiation for women is equally important. A full discussion of women's sexual spirituality is provided in my book "Tantric Sex Magic Rituals for Modern Women."**

### **Hajj: The Fifth Pillar of Islam**

**The fifth pillar of al-Islam is Hajj. Hajj means "conquest" and a hajji is a conqueror.**

**Proper observance of Pillars 2, 3 and 4 permits the Muslims to conquer his body and mind.**

**A hajji is a full initiate. This conquest opens the way for the Muslim to travel outside his body and thus he can be a pilgrim, traveling to spiritual dimensions, liberated of bodily captivity.**

**The pilgrimage to Mecca is a ritual that provides a sign of the inner hajj.**

**The Black Stone in the ka'aba symbolizes the return of Arabs home to kiss their black mother, Hagar (whose name means stone).**

**The seven orbits around the ka'aba symbolize the circulation of light ritual that Taoist yogis call the Small Heavenly Circle or the Microcosmic Orbit.**

**Throwing seven stones at the white rock symbolizes a rejection of the incomplete seven chakra system of Indian kundalini yoga in favor of the more holistic yin/yang blending of the Small Heavenly Circle.**

**It is not permitted to the Sun to catch up the Moon, nor can the Night outstrip the Day: Each (just) swims along in (its own) orbit.**

The yin energy of the Functional Channel is considered to be related to the moon. The yang energy of the Governor Channel is considered to be related to the Sun. These are circulated or orbited in the Small Heavenly Circle ritual.

The spinal cord channel (Governor Channel) runs from the perineum to the crown of the head. It is masculine or yang. The Functional Channel runs from the crown of the head, down through the forehead, the palate, the throat, the heart, the solar plexus, the navel, the genitals and ends at the perineum. This channel is considered yin or feminine.

Circuiting the ka'aba represents the harmonious blending of yin and yang. For masculine oriented cultures like that of the Arabs, kissing the Black Stone symbol of Mother Hagar represents coming to terms, at least, with the feminine principle in spirituality.

Hagar is a form of the Egyptian goddess of love, Het-Heru (Hathor). Thus another meaning of kissing the Black Stone is the elevation and refinement of the sexual principle in religion.

Remember, Hagar was an Egyptian. Ka'aba is a compound of three Egyptian psychospiritual words: Ka, Ab and Ba.

The Ka is the personality or the lower self.

The Ab is the will and moral self.

The Ba is the divine self.

Ka-ab-ba is the unification of the three primary parts of the human spirit.

The ka-aba is veiled as a sign that the feminine principle in religion had been veiled up even as Arab women wear a veil.

Since Hagar was an Egyptian, it is understandable that many Egyptian words would enter into Arabic since she is the black mother of the Arabs and children learn to speak their mother tongue. According to the Bible history, Ishmael was half-Egyptian (i.e., half-African).

The actual meaning of the myth is that Arab culture and knowledge descended from ancient Egypt.

A mixed multitude ("Arabs") went up also with them.

- Exodus 12:38

The well of Zam Zam in the Hajj ritual symbolizes the male seminal fluid. Retention of it preserves health and youth, thus it is "the fountain of youth."



## Summary of Meaning of the Five Pillars

**In the five pillar formula, the Muslim initiate first witnesses the letters (muqatta'at), the sound vibrations operating in her hands. The highest form of witnessing is via sight.**

**You will see it with certainty of sight.**

**-- Quran 102:7**

**Next the Muslim yogi activates the kundalini or salaam force which directs those mantras to his objective.**

**Then the Muslim yogi thoroughly purifies his body-mind-spirit complex granting her greater health to increase the salaam force.**

**Then he abstains from sex to improve his mastery of the body and supplement his salaam energy.**

**Finally, the initiate utterly conquers his body and mind, bringing it into complete peace (salaam) and submission (Islam) to Allah with the reward of out-of-body projection (Hajj).**

**At that point he can wear the title Al-Hajj.**

### **Al-Qualaam: The Oracle of the Quran**

**Human beings are designed in such a way that we are virtually incapable of consciously doing evil to others. Yet we live in a world in which we wrong one another daily.**

**The Quran teaches that humans are "created in the best of molds." The fundamental human nature is peaceful, righteous, kind-spirited and good.. Yet human beings also possess the ability to rationalize and when we rationalize the actions we think we should take, based upon circumstances as we perceive them, then we are capable of harming others. However, we harm another only after we have given ourselves the rationalization that we are accomplishing or attempting to accomplish something good.**

**Some examples of pure evil which can be wrought after the mind rationalizes that the evil actions it plans are "for the greater good" include:**

- 1. An expectant mother aborts her baby because she rationalizes that she should not bring a child into a world such as this. The same woman may stridently call for the death penalty for someone who murders a child outside the womb but rationalizes that her own complicity in the murder of her own fetus was "for the greater good."**

2. A man sells drugs to others and rationalizes that "they were gonna buy it anyway," so why shouldn't he make money and perhaps even do some good in the community with the drug money he's made.
3. A government and church authorize and bless the buying and selling of slaves under the rationalization that the slaves will be "brought to Jesus in Christianity and civilized so that their souls may go to heaven."
4. A man beats up his wife "for her own good" and rationalizes that "she needs a strong man who won't take no shit to control her."

I will certainly make evil fair-seeming to them.

-- Quran 15:39

The rationalizing faculty was to be used to bring light to humanity, but when it becomes corrupt, it becomes Satanic and Luciferian. Among other things, Lucifer represents the corruption of the human rationalizing faculty.

How art thou fallen from heaven,  
O Lucifer. How art thou fallen down  
to the ground?

-- Isaiah

Because it is so easy to do great evil "in the name of God," the ancients devised a fool-proof means of actually determining God's will for every life situation.

The means they devised concerns the consultation of oracles.

Oracles are mentioned in many places in the Bible. Every religion possesses an oracle system, including al-Islam.

An oracle reveals God's actual will, not what we might rationalize God's will to be.

When a person learns God's will via an oracle then she can act according to that will and truly function as a Muslim, i.e. one who surrenders her will to do the will of Allah.

An oracle not only reveals God's will, but it also reveals the spiritual shaping forces (angels) involved in the undertaking or event. Knowledge of those shaping factors enables us to invoke their assistance and guidance in our undertaking.

**For spiritual technological purposes, an oracle will indicate the appropriate God names, archangels, angels, planets, elementals and the proper mantras and colors to employ to assure the successful attainment of the objective.**

**An oracle reading will also indicate the areas of vulnerability and the opposing forces involved in the undertaking.**

**Well-known oracles include the Tarot, Metu Neter, Ifa and I Ching. There are 64 hexagrams (statements) in the I Ching. Those Hexagrams cover every possible situation in life. The Tarot's Major Arcana ("Big Secret") contains 22 statements (cards). It is part of the same oracular system as the I Ching, but the Tarot is incomplete.**

**Read in the name of your Lord who created.  
He created man from a clinging thing.  
Read and your Lord is most generous.  
He taught with the Oracle [al-Qalaam].  
He taught the man what he otherwise could never have  
known.**

**-- Quran 96:1-5**

**The above five verses are the very first revelation of the Quran to Muhammad. The "name" of the Lord which Muhammad is commanded to read refers to the mantras of God.**

**"Al-Qalaam" is usually translated "pen" or "lot" as in Surah 3 where it states: "Thou wast not with them when they cast their lots to determine which of them would have charge of Maryam."**

**The word qalaam originally meant "feather" and because early pens were made out of feathers, it became the word used for pen. But feather was an ancient symbol of the oracle because Tehuti, the aspect of God who creates and reveals oracles, is depicted holding a quill and the information of the oracle is the "writings of the heavenly realms." The wings of the bird became a symbol for the heavenly realm because birds can fly to the heavens and because their keen eyesight enables them to see in broader scope from the high vantage point of flight than usual sight can see. That bird sight became a symbol for spiritual vision.**

**Nun! By the Oracle and what they right.  
-- Quran 68:1**

**The oracle of the Quran was lost. It's title is the Feather of Osiris. Osiris is the Greek rendering of the Egyptian God Ausar. He is referred to in the Quran as 'Asr.**

**By 'Asr -- surely the man was lost.**

**-- Quran 103:1**

This ayat refers to the losing of the great Quranic oracle, the Feather of Osiris.

The Feather of Osiris is based upon three levels of meanings of the 14 Arabic Mystic Letters which precede 29 Surahs of the Quran. All together they make up 42 statements which, when combined with the 22 Tarot statements of the Major Arcana, 64 statements are provided which equal the 64 hexagrams of the I Ching.

The oracle teaches man what he could otherwise never have known because in using the oracle, mantras are employed and those mantras open the initiate up to knowledge that descends from the higher planes.

The knowledge received via the oracle is called Hikmat in the Quran and Chokmah in the Qaballah system which the Jews adopted from the ancient Canaanite people. Chokmah is the name of the second Tree of Life Sphere, the sphere of Tehuti.

The 42 cards of the Feather of Osiris accord with the 42 assessors in the Hall of Maat. They also accord with the 42 nomes of ancient Egypt.

Oracles work because the random shuffling of cards or casting of shells, etc., is influenced by the individual's subtle life force (the "deity" Ra in Egyptian religion). This force is subtly influenced by the Sun, Moon and planets.

So in casting an oracle, the celestial intelligence (angels) is involved in the "random" selection. The pressure of the pulse, minute secretions of perspiration, the activity of the breath all impact upon the cutting and shuffling of the cards. The card thus selected signifies the will of Allah, not the preference of the seeker.

In the Egyptian system, Ra's boat represented the activity of the sympathetic and parasympathetic nervous systems. Ra's daylight boat was called the Atet boat while His night boat was called Af ("Flesh"). The Atet boat represents the timed progression of the sympathetic nervous system when it has supremacy over the parasympathetic. Then the night comes and the Af boat (parasympathetic) reaches supremacy over the sympathetic.

We have made the Night and Day (two of Our) signs.

**-- Quran 17:12**

The Egyptians had 12 hours of the night rituals that were based upon the movement of Ra's boat through the Tuat. The Tuat represents the time frame that they parasympathetic over the sympathetic. Because prayers were offered for the Tuat, the Arabic word for prayer,

**"Dua," was adapted from "Tuat."**

**The point of the Sun's angle called 'Asr (Ausar) is the midpoint or point of perfect equilibrium between the sympathetic (Atef boat) and the parasympathetic (Af boat). It is because of that perfect balance (meat) between these two aspects of the autonomic system -- indicated by the equilibrium between night and day -- the 'Asr salaah is said to be the best salaah in Islam.**

**Guard over the salaah  
and the salaah al-wusta  
and rise up to Allah  
devout.  
-- Quran 2:238**

**In his commentary on this passage, Yusuf Ali wrote: "The Middle Prayer: Salat al wusta: may be translated 'the best or most excellent prayer.' Authorities differ as to the exact meaning of this phrase. The weight of authorities seem to be in favour of interpreting this as the 'Asr prayer (in the middle of the afternoon). [Footnote # 271]**

**The wusta salaah is indeed the 'Asr salaah but it more deeply represents the energy that runs up the middle of the spine and down the middle of the front of the body (The Functional Channel in Taoism). It is "guarded over" by sealing the points of the energy's escape by the practice of yogic bandhas (activities that close off openings for pranic force). The middle channels of the salaah (kundalini) are the most significant or most excellent channels. They are also the first channels the initiate learns to open in salaah/kundalini development.**

**The word I've translated "devout" above also signifies a person who has mastered the power of his or her sexual force. As this force is important in raising salaah/kundalini, the Quran says "And rise up to Allah celebrate."**

**The boats of Ra are symbolic. The great priests of Ra in ancient Kamit (Egypt) never thought an actual boat flew across the sky. They knew that the apparent movement of the Sun influenced the nervous system in predictable ways. This movement was symbolized as a boat floating across the sky or flowing through the river (symbolic of the human blood system) of the Tuat and in other literature as floating through the celestial ocean called Nut.**

**Behold! In the creation  
Of the heavens and the earth;  
In the alternation  
Of the Night and the Day;  
In the sailing of the ships  
Through the Ocean  
For the profit of mankind;  
In the rain which Allah**

Sends down from the skies,  
And the life which He gives therewith  
To an earth that is dead;  
In the beasts of all kinds  
That He scatters  
Through the earth;  
In the change of the winds,  
And the clouds which they  
Trail like their slaves  
Between the sky and the earth --  
(Here) indeed are Signs  
For a people that are wise.

-- Quran 2:164  
Yusuf Ali Translation

The "ships" referred to above represent the same principle as the Egyptian boat of Ra.

The Tuat was depicted as a circle made of the body of Osiris. Osiris is pictured in a yoga pose with his legs bent behind him so that his feet touch his head. This hieroglyph represents the sealing in of the Ra force energy so that it flows in a cycle. This is the advanced microcosmic orbit of the Taoist yoga which circulates the Chi (salaat) energy in a cycle. The Egyptians depicted the same process by showing a snake curved with his tail in his mouth. The snake is the creative serpent power (kundalini). The tail in the snake's mouth represents the closing off of any passage for the energy to leak out via mudras and bandhas which are learned and practiced in yoga. The circle also represents the circulation of the Ra/salaat force.

The snake is usually shown encircling the Sun disk as a sign that the sun is the source of the salaat/kundalini energy.

The same spiritual scientific principle was coded in the Arabic Letter Miym (m).

?

Two forms of the Arabic letter Miym

The astrological glyph for Leo which is ruled by the Sun, is the same as the Arabic letter Miym.

The Egyptian hieroglyph for the letter M is an owl. The owl signifies night vision or spiritual insight as the Ra force for spiritual meditative work is most accessible at night.

In the Feather of Osiris oracle, Miym signifies Heru Khenti-an-maati (Heru the Blind) which is the awakened state of consciousness derived from ignoring (being blind to) the emotional influences. It's element is fire.

Chant: I seek refuge with the Lord of men  
King of men  
God of men  
From the evil whispering of the khanaas  
Which whispers through the hearts of men  
From the jinn an the men

-- Quran Surah 114

A khanaas (also called Khansa) is the global consciousness or accumulation of all thoughts, feelings, ideas and emotions on a planet. The collection of psychic data is not static. It can unconsciously influence humans via the heart chakra. When an evil impression enters a person's mind, it is depicted as the "evil whispering of the khanaas." It is symbolized as a whisper because the information or suggestion thus imparted is accomplished beneath the breath or very subtly. The victim of such an evil suggestion usually thinks the evil thought, feeling, idea or urge is his own when it has actually descended from the mass accumulated consciousness. This web of consciousness is also referred to as Illiyin and Illiyyun (Yang and Yin) in the Quran, but this information is, of course, coded and kept secret from those who cannot decipher Quranic code.

Chanting of mantras and prayers, as well as the singing of hymns, is important because such activities serve to counteract the negative whispers within the khanaas. If righteous people were to flood the global environment with words of power, the evil whispering of the khanaas would be thwarted and the crazy thoughts that spur people's insane (possessed) behaviour would diminish.

The three khansaas are codified in the above Surah as: 1) Rabbi-n-naas (Evolved beings or "Lord of the people"), 2) Maliki-n-naas or Malaki-n-naas (Angelic beings or King of the people) and 3) Ilaahi-n-naas (Divine beings or God of the people).

In astrology they correspond to mutable (Rabb), Fixed (Malik) and Cardinal (Ilaah) signs.

Humans are evolved beings (Rabbi-n-naas) because we have evolved from lower forms and are evolving still.



**The beast or animal residue in humanity remains bodily as the Reptilian Brain (Brain Stem), Mammalian Brain (Limbus) and canine teeth. Present humanity stands at a midpoint in evolution between animal life and true human life. Tehuti refers to the common masses as "beast-men." The next step (which some prophets have already attained) is "man-beast." Eventually the beast content of the human gene pool will be weeded out so that a new kind of humanity will stand forth.**

**The Quran teaches that Allah will not cease to change our forms "again and again into forms you know not." The evolution of the human being is not yet finished.**

### **The Three Nags (Souls)**

**Islam holds that there are three primary states of consciousness. They are called nafs al-ammaarah (the passionate soul), nafs al-lawwamah (the censuring soul) and nafs al-mutma'innah (the soul at rest).**

**Many teachers hold that these three consciousness levels are actually types of people and it is understandable that if these three nafs are types of consciousness then there would be people who functioned primarily at one of them.**

**The ideas concerning nafs al-ammaarah are derived from this verse:**

**I do not exculpate myself. Lo! the (human) soul enjoineth unto evil, save that whereon my Lord hath mercy. Lo! my Lord is Forgiving, Merciful.**

**-- Quran 12:54**

**Mohammed Marmaduke Pickthall Translation**

**The ideas concerning nafs al-lawwamah are derived from this verse:**

**Nay, I swear by the accusing soul.**

**-- Quran 7:52**

**Mohammed Marmaduke Pickthall Translation**

**The ideas concerning nafs al-mutma'innah are derived from this verse:**

**But ah! thou soul at peace!  
Return unto thy Lord, content in His good pleasure!  
Enter thou among My bondmen!  
Enter thou My Garden!**

The three nafs actually indicate stages in the meditation process. In our ordinary state of consciousness our minds (nafs or plural, anfus) are commanded by sensory input from the environment, random thoughts, feelings, the contents of our blood, emotional complexes and engrams. Moreover, we are commanded by our own passions. The Muslim initiate learns to take advantage of those passions and use them to fuel his ascension. The salaah force is integrally related to the sexual drive. Rather than initially trying to extinguish that drive, the initiate learns to utilize it to fuel and empower his meditation. This can lead to reaching a state called ecstatic trance which, in the Quran, is called "the garden of bliss."

When the initiate feels the energy of the passionate soul (nafs al-ammarrah), he focuses on the passion and uses it to raise his mental vibrational rate. He is not compelled to ease the tension by having a quick orgasm, rather he recognizes that the passion he is experiencing is an additional to his usual energy field.

Sexual passion can actually be invigorating and can be a catalyst for feeling and thus becoming younger. That feeling of being younger reminds the cellular memory of its former, youthful state of health and many times the body can spontaneously heal itself. When Marvin Gaye sang about sexual healing, he was touching upon this kind of concept.

People in love always feel young and therefore they act younger, do the things young people do and are thus open for a rejuvenation of their bodies. It doesn't matter if the woman in love is 87, once she falls in love she starts feeling more like a girl again.

The Muslim initiate focuses on his or her passion and then circulates it first up the spine and then around the entire body.

Nafs al-lawammah indicates that the next stage in meditation in which the initiate censures or cuts off her thoughts. Nafs al-lawammah is not the "accusing soul," it is the censuring soul. Its connection with the resurrection of the kundalini force is indicated by the preceding verse which says, "Nay, I swear by the Day of Resurrection" (yawm al-qiyaamat). This is also code for the resurrection of the life force (salaah).

The initiate censures or cuts off all thoughts that enter her field of consciousness. She doesn't allow a thought to continue into a sentence and doesn't allow sentences to reproduce into many sentences. If, for example, she is meditating and finds herself wondering, "Gosh, I hope I can make my car note this month," she will, instead, cut the thought off before it can complete itself. She might terminate that thought at "Gosh, I hope I..." After some time of terminating thoughts the mind will empty itself of all thinking and true consciousness behind the outer consciousness can emerge.

One of the reasons of practicing dhikr (jappa in yoga) is that the circular repetition of the words of power facilitates the left hemisphere of the brain's giving up its linear mode of thinking. The initiate dhikrs for example, "Haaaaaaa Meeeeemmmmmmmmm" over and over and this circular mode of mental communication breaks the mind out of bondage to the left brain's need to make sentences.

Eventually, out of censoring thought, the initiate reaches the state of consciousness called nafs al-mutma'innah (the rested soul).

It is at this point that no thoughts are in the mental field and the initiate finds himself conscious of being conscious.

The initiate can then experience the unity of her true self with Allah (Tauhid) and reach that rested, peaceful state of superconsciousness that is called samadhi.

The mind is thus liberated and not squeezed into the artificial prison cell of identification with one body and one time period. It can then transcend its body and spread out to infinity. This infinity (in time as well as space) is the "Garden" the Quran speaks so often of. The Quran says that the Garden is as wide as the entire heavens and the earth. When the mind, through meditation, reaches nafs al-mutma'innah, then it expands to infinity.

### Tantric Yoga

The ancients recognized that the very life of the universe itself was a sexual force. This sexuality of the universe can be observed in the polarities between the Sun and Moon, electrons and protons, and the male and female divisions in all living things including plants. Within the human body there are balancing polarities of yang (masculine) and yin (feminine) forces. The left hemisphere of the brain is masculine while the right is feminine.

Rather than attempt to block or subdue the sexual urge, the ancients sought to harmonize and civilize it and to utilize the awesome power of sex to promote a person's ascension into a divine state of consciousness (Ilaahi-n-naas).

The ancients developed tantric yoga as the means by which to harness, harmonize and utilize the sexual force.

Tantric yoga has been called sex yoga and it indeed incorporates sexual principles and practices. But sex is more a means tantrists use to achieve yoga (unity with God or Tauhid) than an end to itself. While tantric practices can indeed augment sexual pleasure and enable practitioners to perform unbelievable sexual feats, even the pleasure derived from sex is channeled into spiritual directions. Tantric yoga is not a practice of hedonism although hedonists would do well to use their natural abilities for spiritual ends rather than simply "getting off" on bodily pleasures.

**The force that yogis use is called shakti in Sanskrit, shekinah in Hebrew and sakana in the Quran.**

**And among His Signs is that He created for  
you mates from your own souls for you to  
activate the sakana with them.  
And He has placed between you love and  
compassion. Surely in that are miracles  
for people who meditate.**

**-- Quran 30:21**

**In the above ayat, I have translated "taskunuw" (the plural verb in the second person of "sakana") "activate the sakana" (which is the same as shakti). Others have translated the same words to mean "that ye might find quiet of mind with them" and "that ye may dwell in tranquillity with them." For externally directed students, those translations are fine. But for those seeking the inner and truer meaning of Quranic revelation, "activate the shakti" is more in accord with the technical meaning of sakana, shechinah and shakti.**

**Proper application of the techniques of tantric yoga enable the partners to perform actual miracles (ayats) and many of the sexual feats are performed in a meditative state. thus the Quran says, "There are miracles in that for those who meditate." The word "ayat" (miracles) could also be translated "signs" and in the entire verse are signs regarding tantric yoga.**

**The following technical terms are all similar:**

**Sakana  
Shakti  
Shekinah  
Ra  
Libido  
Orgone  
Salaat  
Kundalini**

**The various scriptural personalities who symbolize tantric yoga include:**

**Nephthys  
Het-Heru  
Mary of Magdalene  
Queen of Sheba**

Venus  
Aphrodite  
Kali  
Dakini  
Astarte  
Isis  
Neith  
Jezebel

Where persons can use sex individually for spiritual ascension, tantric yoga is properly performed by two people.

Tantra actually means "weaving" as a symbol of how the bodies of two people weave in and out and, more accurately, how the energies of the two initiates can move into the other party so that the male can experience female sexuality (not just partake of it) and the woman can experience male sexuality.

And be not like a woman who breaks into untwisted strands the yarn she has spun after it has become strong.

-- Quran 16:92  
Yusuf Ali Translation

The "yarn" in the above verse refers to the spiritual sexual thread of tantric sex that has been split up and made strong between a woman and her husband if they are both initiates.

One of the primary meanings of the Egyptian goddess Neith (Nit or Net) is "she who weaves." This goddess was one of the original archetypes of tantric yoga.

A Lost-Found Lesson of the Nation of Islam states that the duty of the M.G.T.-G.C.C. (female members of the Nation) is "to sew, cook and in general how to act at home and abroad." The "sewing" refers symbolically to tantric sexual yoga. this is a word that is telling women Muslims to learn to master the tantric arts and thereby learn how to "civilize the general" (their husbands) via sex. (G.C.C. means General Civilization Class.)

Your views are a tilth unto you.  
So enter your tilth however  
You please. And send before something for  
Your souls and be conscious of Allah and  
know that are to meet Him.  
And give good news to the believers.

-- Quran 2:223

A tilth is cultivated land in which a farmer places his seeds. The women here are likened to that tilth -- physically the planting of the semen (seeds) inside them but on a deeper plane it refers to the depositing of words of power (hekau or mantras) inside the trance state of consciousness.

In tantric yoga are many positions for sexual intercourse which are designed to augment pleasure as well as to activate the shakti energy for specific purposes. For example, if the purpose of the sexual act was to send healing power to the wife's father, then she would mount her husband on top with her back facing him.

If the purpose of the sexual act was for her to reach a state of trance so that she could prophesy, then she might hook her legs over the back of the sofa and lean down so that the blood would rush to her head while the husband brought sexual pleasure to her.

All of the asanas and mudras of hatha yoga were originally intended to forestall orgasm and to heighten the sexual power of the initiates. For example in the lotus pose (qada'ah in salaah) the heel of the woman is pressed against her clitoris. This is to enable her to achieve sexual pleasure when, as trance onsets, the natural rocking of the body creates a rubbing against her clitoris from her heel.

The breathing and mudras were intended to allow the male to hold onto his orgasm for incredibly long period of time and then to redirect (via the mudra) the orgasm up his spine and ultimately to his brain.

The Bible book entitled "Song of Solomon" is actually a tantric text that depicts the spiritual lovemaking between Solomon and Sheba. A kind of preface to that book is found in the story of Solomon and Sheba in the Quran.

It was said to her, enter the palace.  
So when she saw it she thought it was a lake of  
water and she uncovered her legs. He said:  
This is but a palace paved with glass.

-- Quran 27:44

The Queen of Sheba and Solomon entered the glass palace of Solomon. This is deep code language for the elevation of the energy of sexual yoga to the region of the brain that the Taoists refer to as "the Crystal Palace."

The Crystal Palace is the brain region that included the thalamus, pineal gland, pituitary gland and hypothalamus.

**Mantak Chia has written: "Once the Crystal Palace is open, it becomes illuminated like millions of shining crystals. It can give and receive light and awaken our inner knowledge and deepest potentials. It receives light and knowledge from the universe and reflects it to the various organs and glands to enhance them. The Crystal Palace also has 10 holes connected to 10 Celestial Stems, which in Chinese astrology regulate all heavenly energies that influence the earth."**

**It should be mentioned here that the concept of Sulayman (Solomon) came from Persia where they have 10 sulaymans who are considered to be demi-gods. The 10 sulaymans relate to the 10 Celestial Stems of Taoist yoga.**

**As a summation of the revealed books and principles before it, the Quran expects the reader to have been made familiar with the principles to which it refers and therefore doesn't explain any of them in detail. It is expected that the initiate was already familiar with the concepts and the Quran clarifies them and adds "extra credit" information for true students. However, without an understanding of the previous revelations, a reader of the Quran would be lost indeed when it comes to comprehending the deep spiritual wisdom contained within the Quran.**

### **The Tree of Life**

**The Qaballah is the esoteric wisdom of the ancient people of Canaan. Its origin is Egyptian.**

**There were no vowels or diacritical marks in the early written copies of the Quran.**

**When the quran refers to the qiblah, it is actually referring to the Qaballah.**

**Qaballah means to "Face Allah" or to undergo the initiation necessary to come "face to face with Allah."**

**Egyptian mythology says that Ausar (Osiris) was buried in a tree in Syria. This is a sign of the fact that the Syrians (Canaanites) received the Tree of Life from Ausarian priests of Egypt. But the Tree they received was of the dead god and not the living science.**

**The tree of life also in the midst of the garden, and  
the tree of knowledge of good and evil.**

**- Genesis 2:9**

**The Jews got their Qaballah knowledge from the Canaanites. Which is why the Bible says "Thy father was a Canaanite."**

**So in learning the Qaballah from the Canaanites, the Jews actually gained second hand**



## **Egyptian knowledge.**

**The fools among the people will say: What hath turned them from the Qiblah to which they were used?" Say: To Allah belong East and West: He guideth whom he will to a Way that is straight.**

**Thus have We made of you an Ummah justly balanced, that ye might be witnesses over the nations, and the Messenger a witness over yourselves; and We appointed the Qiblah to which thou wast used only to test those who followed the Messenger from those who would turn on their heels (from the Faith). Indeed it was (a change) momentous, except to those guided by Allah. And never would Allah make your faith of no effect. For Allah is to all people most surely full of kindness, Most Merciful.**

**-- Quran 2:142-142**

**The inner meaning of the above verses is the change of the Qaballah system. The actual change is obscured. The prophet changed from an Arabian Qaballah system to a Jewish Qaballah system.**

**The mosque or temple in Jerusalem was built by King Kiram and his architect Hiram-abi (known as Iram-abith to the Masons). This is the Masjid al Haram (the mosque of Hiram) of the Quran.**

**In changing the Qaballah (Qiblah) from the one the mystic Arabs were familiar with to the one used by the Jews, controversy arose.**

**The physical prayer direction was a sign of a more monumental change, the change of Qaballah methods.**

**The first Qaballah (Qiblah) was actually the heavens. "We see the turning of thy face to the heavens. Now We will turn thee to a Qaballah that will satisfy thee."**

**It was then that the mystic of al-Islam were given the "Temple of Hiram-abi as the symbol of their Qaballistic system. This, of course, included all the secret teachings associated with Freemasonry.**

**In turning to the Qaballah of Jerusalem, Muhammad was actually seizing control of the wisdom tradition of the ancient people of Canaan as well as the wisdom of ancient Kamit (Egypt).**

**The Qaballah is comprised of the literal, practical and mystical Qaballah. The hallmark of the mystic Qaballah is the Tree of Life.**

**The very best book I've read on The Tree of Life is Metu Neter, Vol. I by Ra Un Nefer Amen. Readers are encouraged to read that book for a full comprehension of the Tree of Life.**

### **Sephira (Sphere) Translation Egyptian Principle**

**0 Ain Soph Ur Light w/o Limit Amen Nothingness**

**1 Kether Crown Ausar Unity/Omnipresence**

**2 Chockmah Wisdom Tehuti Omniscience**

**3 Binah Understanding Khepera Omnipotence**

**4 Hesed Mercy Maat Synthesis**

**5 Giborah Strength Herukhuti Analysis**

**6 Tifareth Beauty Heru Will**

**7 Netzack Power Het-Heru Integration**

**8 Hod Glory Sebek Separation**

**9 Yesod Foundation Auset Trance**

**10 Malkuth Kingdom Seb Health/Earth**

**The Lord's prayer states, "Thine is the Kingdom, and the Power, and the Glory forever. Amen." Four spheres are slipped into the Gospel to indicate that the writers were familiar with Qaballistic wisdom. "Kingdom," "Power," "Glory," and "Amen" are spheres 10, 7, 8 and 1 respectively.**

**The "God Name" of sphere 1, Kether, is Eheiah which, in Arabic, is Hayya (Life). Surah 2:255 states that Allah is "al-hayyul qayyuwm." This is a reference to the God Name of Kether. In addition, that verse states that "His throne extends to the heavens and the earth." Thrones is kursiyy in Arabic and kursiyy is one of the appellations of one of the Tree's spheres. "Al-hayyu-1-qayyum" should be translated, "the rising life force."**

**The Tree of Life is a cosmogram that graphically depicts the divine methodology, the proper means of doing any deed from creating a universe to making a baby to writing a book.**

**The cosmogram displays a picture of the cosmology (the science of order).**

**There are pictures, mantras, chakras, planets, metals, animals and plants that are associated with each sphere of the Tree. The connecting lines of the Tree are called paths. In "pathworking," the initiate learns to travel to various dimensions as represented by the spheres. The spheres are the various "heavens" to which the prophet ascended on his Night Journey.**

**In the threeworld systems of Fitrah, Rabbi naas includes spheres 9, 7 and 8. Maliki naas includes spheres 6, 5 and 4. Ilaahi naas includes spheres 3, 2, 1 and 0.**

**Each card of the Major Arcana Tarot (the true Torah or Tarut of Moses) provides a meditation picture that corresponds with a particular path. Meditation on the appropriate picture permits the initiate to soul travel to that world.**

**The initiate traveler ("wayfarer" in the Quran) will discover that Allah is indeed the "Lord of all the worlds."**

**(Image of the Tree of Life)**

**Mother, Son and Holy Ghost**

**Ruwah is the Quranic term for Spirit. Ruwah refers to the scientific application of yogic breathing. In Sanskrit it is called pranayama.**

**And seek Allah's protection with the lungs.**

**-- Quran**

**Prana means breath or air. But it actually refers to the life force particles in air. Yama means both restraint and lengthening. In the proper practice of pranayama. This serves to lengthen the breathing so that the rate of breathing is slowed. In slowing the breathing, consciousness is introverted.**

**When the energy of the breathing process causes celestial energy to descend to meet with human spiritual energy, that descending energy is called Ruwah (Ruach in Hebrew).**

**Yama, incidentally, is the name of the Tibetan god of the underworld (collective subconscious) and corresponds to Ausar. This tells us that pranayama connects the individual consciousness (jivan) with the collective subconscious (atman).**

**Maryam (Merriam) is the name of Jesus' mother. "Yam," related to "Yama," also means "sea." The sea is a symbol of deep trance. Entering into mediumistic trance often feels as if you are going underwater.**

**Pranayama enables the initiate to enter trance (Mary) and then the higher spirit (Ruwh) connects with the trance state. This is referred to as "the virgin became pregnant with child." The "virgin" represents the state of trance consciousness.**

**To give you a perfect boy.**

**-- Quran 19**

**A new energy of consciousness develops from the union of the Ruwh (spirit) with the trance condition (Maryam). This new consciousness is symbolized as the son of that spirit as well as the son of trance (Jesus son of Mary) because it was trance and the activation of spirit energy that produced the Awakened state of Consciousness.**

**This is among the hidden wisdom of Tauhid (yoga) that's embedded in the Quran.**

### **Reincarnation**

**The yoga principle called karma is expressed in the Quran as qadr and qadiy. Qadr is usually translated "power" and qadiy is often translated "judgement." But qadiy is the karmic sentence a person received in a life or accumulation of lives while qadr stands for the abilities or "powers" (called "virtues" in the New Testament) a person has gained due to her struggles across lifetimes. The sum or "balance sheet" of qadr/qadiy is "diyn," the "path" of reincarnation.**

**It is the principle of Islam that all living beings will eventually return to Allah.**

**How can you cover the truth about Allah when you were dead then He reanimated you then He kills you then revives you again then your return to Him.**

**-- Quran 2:28**

**Frequently, the Quran speaks of "raising the dead." The resurrection of the dead represents**

reincarnation.

Not only can life reincarnate into higher forms, but people can reincarnate into lower forms of life.

And ye know those of you who broke the Sabbath, how  
We said unto them: Be ye apes, despised and hated!

-- Quran 2:65  
Pickthall Translation

In another place, the people who disobeyed Moses are transformed into apes and pigs.

Surah 91 indicates that Allah "has no fear of the consequences." In other words, despite how long it takes, all life will eventually return to Allah. It is that that is predestined -- that we will grow into becoming one with Allah. The Quran says, "We said to the heavens and the earth, come willingly or come unwillingly." Not only organic life will "come to Allah," but so also must the life that is considered inanimate.

The Quran tells people to "remember" this and that. The remembrance intended is that of past lives and agreements made in those lives. Chanting dhikrs facilitates the remembrance of past lives. One who can remember many lives is called a "shaykh" (literally, "old man"). He is "old" in that his consciousness goes back to olden times.

People who can remember all their lives are called "al-khalidun," the immortal ones. They are immortal because their consciousness does not end when their bodies return to dust.

### The Akashic Record

The yogis of India believed that there is a record or book that records every action, thought and emotion in a subtle substance called "akashia." This record contains all information of the past as well as the future. This Book is called "the Akashic Record."

In the Quran this book is called "the book of Allah," "the Mother of the Books," "the Clear Book," and "book that leaves out nothing, small or great."

The Akashic Record is coded under the Mystic Letters Alif Laam Miym (A.L.M.) in the Quran.

Alif Laam Miym.

That is the Book.  
Never doubt in it,

**It is a guidance for  
The God-realized ones.**

**-- Quran 2:1-2**

**Meditation permits the initiate to access portions of the Akashic Record and thereby have  
true knowledge of the past and the future.**

**Nor is there aught of the Unseen in the heaven or earth,  
but it is (recorded) in a clear record.**

**-- Quran 27:75  
Y. Ali Translation**

**Knowest thou not that Allah knows all that is in the  
heaven and on earth? Indeed it is all in a record,  
and that is easy for Allah.**

**-- Quran 36:12**

**No misfortune can happen on earth or in your souls  
but is recorded in a Book before We bring it into existence:  
Surely that is easy for Allah.**

**-- Quran 57:22**

**The word translated "record" or "book" in the above verses is "kitaab" in Arabic which  
means any kind or recorded document whether on paper or computer disk or any subtler type  
of recording medium such as akashia.**

**Allah's 99 Names**

**Catholics use a rosary comprised of 108 beads. Some yogis use 1080 meditation beads.  
Muslims use 99 dhkir beads, each bead symbolizing one of Allah's 99 names (attributes).**

**The reality of each system is that the name of the deity symbolizes an attribute of the one  
God, not a multiplicity of gods. This is true for yoga, Egyptian religion, Buddhism, Taoism  
and Islam.**

**It is as wrong for Muslims to accuse other systems of a multiplicity of gods as it would be for  
others to accuse Muslims of worshipping 99 gods.**

**Each of Allah's 99 names is to be used in dhikr (jappa, i.e. repetition) to call forth that**

particular attribute that accords with a particular need. For example, if a Muslim needed a husband, she would dhikr (chant "al-wadood," (the Beloved). Al-mughniy (the enricher) would be chanted for money.

An aspect of the Qaballah is gematria, the science of working with numerical values. In gematria (part of the literal Qaballah) numbers are added across to learn their root numerical value. For example, the number 379 would become  $3+7+9 = 19 - 1+9 = 10 = 1+0 = 1$ . So 379 conceals the numerical value of one.

Rosary beads 108 (conceals the number 18)

Meditation beads 1080 (conceals the number 18)

Dhikr beads 99 (conceals the number 18)

In the Eastern hemisphere, 18 was discovered to be the average number of breaths per minute taken by human beings.

The 9+9 attributes of Allah conceals an instruction for the meditator to focus on her breathing while chanting.

$$1080 = 1+0+8 = 9$$

$$108 = 1+0+8 = 9$$

$$99 = 9+9 = 18 = 1+8 = 9$$

Proper focus on the chanting/breathing formula will result in the meditator falling into the state of trance that's symbolized by the 9th sphere of the Tree of Life.

Dhikring until trance is achieved gives power to the meditator so that his chanting bears fruit. Then he is known as "al-siddiq," i.e., the one whose words become true.

## Conclusion

The yoga of Islam (Tauhid) can be experienced by applying yogic principles of Quranic tenets.

Each step or limb or yoga requires training and effort, but the reward for the person who perseveres is immense.

The following list of suggested readings contain the information that will enable the reader to learn basic yogic techniques to begin the practice of Tauhid.



## **Suggested Readings**

**Iyeneger, Light on Yoga**  
**Amen, Ra Un Nefer, Meter Neter Vol. I**  
**Ali, Muhammad, The Holy Quran**  
**Ali, Yusuf, The Holy Quran**  
**Fatir, Amir, Why Does Muhammad & Any Muslim "Murder the Devil?**  
**Fatir, Amir, Tantric Sex magic Rituals for Modern Black Women**  
**Avalon, Aruth, The Serpent Power**  
**Sivananda, Any book in his yoga series**  
**Chia, Mantak, Awaken the Healing Light of the Tao**  
**Chia, Mantak, Taoist Secrets of Love**  
**Any book by Professor Hilton Hotema**

